WEEKLY MENU

WEEK 2

WOK MY WAY — EVERY TUESDAY

Asian inspired noodles with a selection of protein and vegetables

FLAT BREADZ — EVERY WEDNESDAY

Authentic Greek flatbreads topped with marinated chicken or plant-based protein

EVERY THURSDAY — CHICK N' RUN

Chicken served with a range of signature marinades and seasoned rice

Switch it up with our street food favourites! Ask the team for this week's flavours

PLANT FORWARD MON	Louisiana-Style Sausage, Bean & Vegetable Stew with Rice, Sweetcorn and Green Beans or Mixed Salad (VG)	Roasted Gnocchi with Butternut & Lentil Ragu with Seasonal Vegetables or Mixed Salad (VG)
TUE	Korma Style Chicken & Lentil Curry & Rice with Seasonal Vegetables	Spaghetti with Roasted Vegetables in a Herby Tomato Sauce and Seasonal Vegetables or Mixed Salad (V)
WED	Roast of The Day, Roast Potatoes, Stuffing & Gravy served with Seasonal Vegetables	Smokey Cheese & Butternut Quiche, Roast Potatoes served with Seasonal Vegetables or Mixed Salad (V)
THU	Sausage, Mash & Caramelised Onion Gravy served with Seasonal Vegetables	Thai Style Nut-Free Satay & Rice served with Stir Fried Seasonal Vegetables (VG)
FRI	Sustainably Sourced Battered Fish or Jumbo Sausage & Chips served with Peas, Beans or Mixed Salad	Margherita Pizza & Chips served with Peas, Beans or Mixed Salad (V)

POT & TASTY

Daily range of ready to go pots including pastas, salads and rice bowls

DESSERTS

Enjoy our chef's choice of sweet treats, served every day

SPUD STOP — TOPPED & LOADED

Hot loaded spuds with a daily range of tasty toppings to fill you up



14th Sep, 5th & 26th Oct, 16th Nov, 7th Dec, 11th Jan, 1st & 22nd Feb, 15th March

V - VEGETARIAN
VG - VEGAN