

Spinach and Ricotta Ravioli

Ingredients for Pasta:

100g Strong Bread Flour
1 or 2 Eggs
Pinch of Salt: School to Provide

Ingredients for the Filling:

50g Ricotta Cheese
50g Spinach (Fresh or Frozen)
1 Garlic Clove

Ingredients for the Sauce:

300g Tinned Tomatoes
2 Tablespoons Balsamic Vinegar: School to Provide
1 Clove Garlic
1 Tablespoon Tomato Purée: School to Provide
½ Onion
Handful Fresh Basil Leaves (Optional)

Ingredients for Cooking:

600ml Water: School to Provide
½ Tablespoon Olive Oil: School to Provide
Pinch of Salt: School to Provide

Method:

1. Weigh and measure out all the ingredients accurately.
2. **To make the pasta by hand:**
 - ◆ Place the flour and salt onto the worktop in a heap.
 - ◆ Crack the egg into a small bowl and beat with a fork until it is mixed well.
 - ◆ Make a well in the centre of the flour and pour in the beaten egg.
 - ◆ Bring the mixture together using your fingertips until a soft dough is formed. Add a little more flour if it is too sticky or a little more egg if too dry.
 - ◆ Knead well until the dough is no longer sticky / dry, it needs to be elastic.
 - ◆ Wrap the dough in cling-film and leave in the fridge for 20 minutes to rest. This will allow the gluten to develop and the water from the eggs to be absorbed by the flour. The longer you leave the dough, the more manageable it will become.
3. **To make the filling:** Mix ricotta cheese, spinach and crushed garlic together for ravioli filling. Set the filling to the side whilst preparing the pasta
4. **To shape the pasta:** Cut the dough into two pieces. Flatten each piece with a rolling pin or your hands until it is about 5mm thick.
5. Fold the dough and pass it through the pasta machine at its widest setting, re-folding and re-rolling several times without changing the setting. Do this until you have a rectangle shape approximately 7.5cm x 9cm. You may need to sprinkle some flour onto the machine to stop the dough from sticking.
6. Repeat with the second piece of dough.
7. To thin the pasta, start with the pasta machine at its widest setting and pass the dough through the rollers. Do not fold the pasta dough, but repeat this processing, decreasing the width setting of the roller each time, until you reach the narrowest setting.
8. For most uses, take the pasta down to the thinnest setting – especially for ravioli, as you are sandwiching two layers together when it is folded.
9. **To fill the ravioli:** Sprinkle work surface with flour.
10. Lay sheets of pasta on the work surface and use your chosen cutter to create the individual ravioli pieces; remember you need a piece for the top and the bottom for each piece of ravioli.
11. Add a teaspoon of the filling to each section.
12. Brush water over the edge of filled pasta piece. Lay another cut piece of pasta on top and seal tightly, pressing down firmly.
13. **To make the sauce:** Dice the onion into small even size pieces. Crush the garlic.
14. Place a small saucepan at the front of the hob, add the diced onion, crushed garlic and balsamic vinegar, sauté.
15. Add the tinned tomatoes and tomato purée and cook for 5 more minutes before adding the basil.
16. Allow to simmer for 5-10 minutes
17. Finally construct and present your ravioli for serving.
18. **To cook the pasta:** Half fill a saucepan with water and add a pinch of salt. Place on the back of the hob and bring to a vigorous boil.
19. Bring the saucepan to the front of the hob, carefully add pasta and continue boiling for 4 to 6 minutes or until cooked.
20. Use a colander to drain the boiling water from the pasta. Drizzle ½ tablespoon of olive oil over the pasta.



Please bring a container to take your ravioli home in and a container for your sauce.

