

**WEEK 4**

<b>MON</b>	<b>TUE</b>	<b>WED</b>	<b>THUR</b>	<b>FRI</b>
<b>MAIN</b>	<b>MAIN</b>	<b>MAIN</b>	<b>MAIN</b>	<b>MAIN</b>
SPAGHETTI/BACON/MROM	SAVOURY MINCE IN Y/PUD	HUNTERS CHICKEN	CHILLI CON CARNE	FISH CHIPS PEAS
OR	MASH	COUS COUS	OR	
TUNA PASTA BAKE	VEG	MINI CORN ON THE COB	SWEET & SOUR CHICKEN	
	OR BEEF STEW		RICE	
<b>VEGETARIAN</b>	<b>VEGETARIAN</b>	<b>VEGETARIAN</b>	<b>VEGETARIAN</b>	<b>VEGETARIAN</b>
SAVOURY RICE	MACARONI CHEESE	ROASTED VEG COUS COUS	VEG CHILLI	
		MINI CORN ON THE COB	RICE	
<b>DESSERT</b>	<b>DESSERT</b>	<b>DESSERT</b>	<b>DESSERT</b>	<b>DESSERT</b>
PINEAPPLE/LEMON SPONGE	FRUIT JELLY/ ICE CREAM	ICED APPLE CAKE	LEMON MERINGUE PIE	
CUSTARD	MOUSSE	CUSTARD	MOUSSE	
JACKET POTATO	JACKET POTATO	JACKET POTATO	JACKET POTATO	JACKET POTATO
Choice of Two Fillings	Choice of Two Fillings	Choice of Two Fillings	Choice of Two Fillings	Choice of Two Fillings
<b>SNACKS</b>	<b>SNACKS</b>	<b>SNACKS</b>	<b>SNACKS</b>	<b>SNACKS</b>
CHICKEN WRAP	AMERICAN CHICKEN BURGER	PULLED PORK IN A ROLL/WRAP	PANNINI	S.F CHICKEN BURGER
SAUSAGE ROLL	TORTILLA STACK	PIZZA	THEOS CHICKEN WRAP	PIZZA
FISHFINGER	VEG PASTY	CHICKEN GOUJONS	HOT WRAPS	CHIPS
HERBIES	HOT PASTA	WEDGES	HOT PASTA	CHIP BUTTY
HOT PASTA		HOT PASTA		HOT PASTA
COOKIES	COOKIES	COOKIES	COOKIES	COOKIES
FLAPJACK	FLAPJACK	FLAPJACK	FLAPJACK	FLAPJACK
MUFFINS	CHOCOLATE COOKIES	ICED CAKE	CHOCOLATE BROWNIE	CUPCAKES
PKTS/BISCUITS	BANNANA/CHOC MUFFINS	JAM DONUTS	RICE KRISPY CAKE	PKTS/BISCUITS
			CHOCOLATE COOKIES	
<b>Break</b>	<b>Break</b>	<b>Break</b>	<b>Break</b>	<b>Break</b>
BACON ROLLS	BACON ROLLS	BACON ROLLS	BACON ROLLS	BACON ROLLS
PIZZA	PANINI	MINI HOT DOG	PIZZA	SAUSAGE ROLL
TEACAKES	CRUMPETS	TEACAKES	TOAST	TEACAKES