

WEEK 3

MON	TUE	WED	THUR	FRI
MAIN	MAIN	MAIN	MAIN	MAIN
SAUSAGE CASSEROLE	LASAGNE	HOMEMADE PIE	MEATBALLS IN TOMATO SAUCE	FISH CHIPS PEAS
MASH	PEAS	MASH	PASTA	
VEG	GARLIC BREAD	VEG		FISH PIE
OR CHICKEN CASSEROLE				
VEGETARIAN	VEGETARIAN	VEGETARIAN	VEGETARIAN	VEGETARIAN
QUORN SAUSAGE CASSEROLE	VEG LASAGNE	CURRIED COUS COUS	VEGATABLE PROVENSAL	VEG PASTA BAKE
MASH	PEAS			
VEG	GARLIC BREAD			
DESSERT	DESSERT	DESSERT	DESSERT	DESSERT
TREACLE SPONGE	FRESH FRUIT SALAD	APRICOT CRUNCH	BUTTERSCOTCH	JAM ROLY POLY
CUSTARD	JELLY/MOUSSE	CUSTARD	MOUSSE	CUSTARD
JACKET POTATO	JACKET POTATO	JACKET POTATO	JACKET POTATO	JACKET POTATO
Choice of Two Fillings	Choice of Two Fillings	Choice of Two Fillings	Choice of Two Fillings	Choice of Two Fillings
SNACKS	SNACKS	SNACKS	SNACKS	SNACKS
CHICKEN WRAP	THEOS CHICKEN WRAP	BEEF BURGERS	B.L.T	S.F.CHICKEN BURGER
CHICKEN/BACON WRAP	TUNA MELTS	PANNINI	TORTILLA STACK	PIZZA
SAUSAGE ROLL	HOT WRAPS	FISHFINGER	HAM/CHEESE TORTILLA	CHIPS
FISHCAKE	HOT PASTA	HERBIES	VEGGIE BURGERS	CHIP BUTTY
WEDGES		HOT PASTA	HOT PASTA	HOT PASTA
HOT PASTA				
COOKIES	COOKIES	COOKIES	COOKIES	COOKIES
FLAPJACK	FLAPJACK	FLAPJACK	FLAPJACK	FLAPJACK
MUFFINS	CARROT CAKE	ICED CAKE	CHOCOLATE BROWNIE	CUP CAKES
PKTS of BISCUITS	CHOC COOKIES	JAM/COCONUT TARTS	SHORTCAKE	PKTS OF BISCUITS
	ICED BUNS	DONUTS		
Break	Break	Break	Break	Break
BACON ROLLS	BACON ROLLS	BACON ROLLS	BACON ROLLS	BACON ROLLS
PIZZA	PANNINI	MINI HOT DOGS	PIZZA	SAUSAGE ROLL
TEACAKES	CRUMPETS	TEACAKES	TOAST	TEACAKES